



# VFA BREAKFAST AND LUNCH MENU SEPTEMBER 2026

| MON                                               | TUE                                                                     | WED                                                                        | THU                                                                           | FRI                                                                              |
|---------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
|                                                   | 1<br>Cocoa Puffs Cereal Bar<br>Chicken Cantina Bowl                     | 2<br>Super Donut<br>Pepperoni Pizza                                        | 3<br>Cinnamon Pop Tart<br>Macaroni & Cheese                                   | 4<br>Chicken Sausage Pancake Wrap<br>N1 Crossan'wich<br>N1 Turkey & Cheddar Wrap |
| 7<br>NO SCHOOL                                    | 8<br>Honey Cheerios Cereal Bar<br>HomeStyle Chicken N Mashed w/<br>corn | 9<br>Banana Chocolate Chip Oatmeal<br>Turkey Sausage Pizza<br>Cheese Pizza | 10<br>Mini Glazed Donut<br>Italian Meatball Bowl<br>Chicken Caesar Salad      | 11<br>Apple Strudel<br>Soft Pretzel & Cheese<br>N1 Turkey Sandwich               |
| 14<br>Mini Cinnis (HOT)<br>Chicken Patty Sandwich | 15<br>Cinnamon Toast Crunch Cereal Bar<br>N1 Bean and Cheese Burrito    | 16<br>Blueberry Snack N Waffle<br>Pepperoni Pizza<br>Cheese Pizza          | 17<br>Mantecada Muffin<br>Goddles of Noodles w/ Meat<br>Buffalo Chicken Salad | 18<br>Chicken Sausage Pancake Sandwich<br>Cheeseburger                           |
| 21<br>French Toast Sticks<br>Chicken Corn Dog     | 22<br>Trix Cereal Bar<br>Beef & Cheese Quesadilla                       | 23<br>Strawberry Yogurt<br>Turkey Sausage Pizza<br>Cheese Pizza            | 24<br>Filled Cinnamon Toast Crunch<br>Orange Chicken w/ Brown Rice            | 25<br>Caramel Pull Apart (HOT)<br>Garlic Cheese Pull Aparts                      |
| 28<br>WG Pancakes<br>Beef Hot Dog                 | 29<br>Blue Berry Chex Cereal Bowl<br>Chicken Nuggets                    | 30<br>Carrot Bun<br>Pepperoni Pizza<br>Cheese Pizza                        |                                                                               |                                                                                  |